



香港中文大學婦產科學系
THE DEPARTMENT OF OBSTETRICS AND GYNAECOLOGY
THE CHINESE UNIVERSITY OF HONG KONG



香港中文大學醫學院
Faculty of Medicine
The Chinese University of Hong Kong



早孕期妊娠毒血症篩查 FIRST TRIMESTER PREECLAMPSIA SCREENING



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妊娠毒血症是什麼？

妊娠毒血症是一種嚴重的妊娠併發症，影響全球約2至8%的孕婦，傳統的診斷是基於妊娠20週後出現的高血壓和蛋白尿。醫學界普遍認為妊娠毒血症主要是胎盤功能較差所致，令胎盤無法提供足夠的血液給胎兒，導致子宮動脈血管舒張不良，繼而引致妊娠毒血症的常見症狀，例如頭痛、視力模糊、噁心、嘔吐和腿部腫脹。



為什麼要接受篩查？

妊娠毒血症是孕婦和胎兒產生併發症和死亡的主要原因。研究證實通過篩查和早期風險評估，可以採取預防措施來降低妊娠毒血症風險。

本篩查嚴格符合國際婦產科聯合會（FIGO）在2019年推薦的最新指引，並且證實達至早孕期妊娠毒血症篩查的國際標準。

誰適合參與此篩查？

所有懷孕第11⁺⁰至13⁺⁶週的單胎孕婦

怎樣篩查？

篩查分為四個部分：

1. 記錄孕史及病史
2. 抽取血液樣本
3. 雙手測量血壓兩次
4. 進行超聲波掃描評估子宮動脈流量

完成篩查後

大約**3個工作天**便可得知早產妊娠毒血症的風險評估結果。若篩查結果顯示為高風險，我們會為你安排覆診作進一步跟進。

如何預約?

HOW TO MAKE AN APPOINTMENT?

親臨預約 IN PERSON

親臨威爾斯親王醫院李嘉誠專科門診南翼二樓
三十號房香港中文大學胎兒醫學組辦公室

Go to The Chinese University of Hong Kong
Fetal Medicine Unit Office, Room 30, 2/F, Li Ka
Shing Specialist Out-patient Clinic South Wing,
Prince of Wales Hospital

致電預約 BY PHONE

致電香港中文大學胎兒醫學組 5569-6412
Call Fetal Medicine Unit Office at 5569-6412

網上預約 ONLINE

掃描右方QR code到我們的網頁預約
Scan the QR code on the right to
visit our web page and book online



傳真預約 BY FAX

填妥以下表格，傳真至香港中文大學胎兒醫學組
2632-5065

Complete the following form and fax it to The
Chinese University of Hong Kong Fetal
Medicine Unit at 2632-5065

姓名

Name

最後經期 (dd/mm/yy)

Last Menstrual Period

預產期 (dd/mm/yy)

Estimated Date of Confinement

聯絡電話

Telephone Number

電郵

Contact Email

轉介醫生

Referring Doctor

WHAT IS PREECLAMPSIA?

Preeclampsia is a serious pregnancy complication affecting 2-8% of pregnant women worldwide. Preeclampsia is traditionally diagnosed based on high blood pressure and presence of protein in urine after the 20th week of gestation. Symptoms include headache, blurred vision, nausea, vomiting and leg swelling.

This disorder is thought to be caused by poor function of the placenta, which leads to its inability to support the adequate blood supply required by the fetus, and poor uterine arterial vasodilatation, attributing to the common symptoms of preeclampsia.

WHY SCREENING?

Preeclampsia is a major cause of morbidity and mortality for both the mother and fetus. Currently, research suggests that through screening and early risk assessment, preventive measures could be instigated to reduce the risk of preeclampsia development.

Our screening follows the newest guidelines set by the International Federation of Gynecology and Obstetrics (FIGO) in 2019 and is evidenced to be in line with the global standards for first-trimester preeclampsia screening.

WHO IS ELIGIBLE?

All women with a singleton pregnancy between their 11⁺⁰-13⁺⁶ weeks of gestation



HOW TO SCREEN?

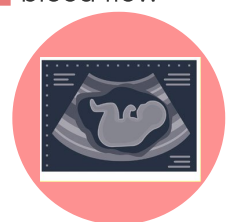
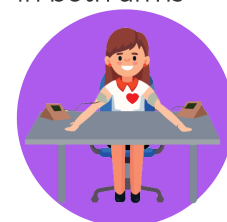
The screening is divided into 4 main parts:

1. Record obstetric and medical history
2. Take blood sample



3. Measure blood pressure twice in both arms

4. Ultrasound scan to measure uterine blood flow



AFTER SCREENING

The result of estimated risk of preterm preeclampsia will be available in approximately **3 working days**. If you are screened high risk for preeclampsia, you will be invited to attend a follow-up visit for further counselling.